

Stressed about upcoming VCE Exams? Is the whole family feeling the pressure?
Already mentally and physically exhausted?

WE ARE HERE TO HELP!



'VCE Survival Kit' are holistic workshops with a maximum of 10 participants which cater for your academic and personal needs by offering ...



3 hour seminars with experienced English, Maths, Science and Languages VCE teachers/examiners where you can find out all you need to know about your end of year VCE exam. Feel free to ask all the questions you never dared to ask in class in the comfort of a small group setting. **PLUS ...**



A 90 minute hands on BrainGym workshop with Katharine King who will teach you exercises that stimulate the brain for clear and focused thinking and that will enhance your memory. These easy to learn exercises can be practised anywhere, anytime to help with stress management. **PLUS ...**



A 90 minute interactive workshop with clinical psychologist Jari Evertz where you and your parents get the best information on concentration, optimum mental approaches to study, sleep, device use and anxiety and the chance to ask the hard questions about balancing study and leisure time.

DON'T MISS OUT. BOOK YOUR WORKSHOP NOW!

Dates: August to October

Location: 3/19 Lacey St, Croydon

Phone Simone on: **0423 859 984** or **9725 0265**

PLEASE NOTE THE FOLLOWING:

Your fee of AUD\$220,- includes a three hour academic workshop on your nominated VCE subject, a 90mins BrainGym session with a qualified instructor, and an interactive workshop with a clinical psychologist. Morning Tea and Lunch are included.

You will be send a confirmation email with payment options if your preferred workshop runs as planned.

An itinerary will be send to you after full payment has been received.

Should your preferred workshop not run, you will be refunded your full deposit within 10 days of the originally booked workshop date.

Workshops run with a minimum of 5 participants and a maximum of 10 participants.

After full payment has been received, you may cancel your participation at any point in time, but you should be aware that the following refund policy applies:

- we will keep your deposit of AUD\$60,- if you cancel your participation up to two weeks before the booked workshop date
- we will keep the full 'VCE Survival Kit' fee of AUD\$220,- if you cancel your participation less than 5 days before the booked workshop date